



5 km Spruce Grove Trails

July 19, 2020

- Asphalt and sidewalk, with stop signs and pedestrian crossings
- Begin on trail at entrance to Rotary Playscape, west of TransAlta Tri Leisure Centre, off of Jennifer Heil Way

Start (KM)	Proceed northerly, then westerly on trail, then Woodgrove Place (building) road, to Spruce Ridge Road
.22	Proceed on the east side of Spruce Ridge Road, through Spruce Ridge Drive (four way stop), to PEDX
.78	Proceed west through PEDX to Spruce Ridge Park, on trail that veers south, then east to Spring Gate
1.42	Proceed north on Spring Gate trail, through PEDX, northerly on east side of Hartwick Way (sidewalk), through to park trail (NO PEDX), to Henderson Link
1.91	Proceed east on Henderson Link to Hartwick Way, north through PEDX to Henderson Park trail, to Harvest Ridge Drive
2.24	Proceed east, then southerly on sidewalk, then trail, on west side of Harvest Ridge Drive, through PEDX at Hartwick Gate, past Rotary rest node (bench) to Grove Drive
2.84	Proceed westerly on trail on north side of Grove Drive, past Rotary rest node, through Hartwick Way, to second Rotary Rest Node near St. Peter the Apostle Catholic High School, u-turn
3.52	Proceed east on trail on north side of Grove Drive, through Hartwick Way to PEDX
3.67	Proceed south through PEDX at Grove Drive to Spring Gate, then south to Spring Gate trail, then east on trail (stay south of junction) to Spruce Ridge Road
4.32	Proceed southerly on Spruce Ridge Road (sidewalk), through Sage Crescent, to four way stop, through to south side, then through to east side
4.53	Proceed southerly on trail east side of Spruce Ridge Road, then easterly on Woodgrove Place (building) road (opposite Spring Gate) leading to trail
5.00	Proceed easterly, then southerly on trail until your device reads 5.00 km

